



WELCOME TO FTC!

Rookie Best Practices

September 8, 2018

FTC Team 9901 Techie Titans

Manassas, VA

AGENDA

- Introduction
 - FTC overview
 - Season Calendar
 - Last season's FTC game video
- Tips and Best Practices
- Q&A and Robot showcase

INTRODUCTION AND OVERVIEW

ABOUT US

Team 9901 “Techie Titans”

- ❖ A 4th year FTC team from Nova Labs Robotics (Reston, VA)
- ❖ In our past seasons, we competed at States each year and also at Super-Regionals 2 times
 - ❑ **2015-16 rookie season:** VA state - Inspire Award 2nd place
 - ❑ **2016-17:** VA state - Connect Award 1st place & Finalist Alliance (Division winner)
 - ❑ **2017-18:** Competed at VA state championship

FTC OVERVIEW

- **FTC is more than robot build**
 - Designing, building, and programming robots
 - Outreach, documentation, fundraising, and connecting with others
 - Competition in alliance format
- **Age group:** grade 7-12
- **Team size:**
 - 3 - 15 students
- **Adult mentor/coach:**
 - 2 coach/mentor (both need to pass Youth Protection)
 - Additional mentors / parent volunteers for team support



SEASON CALENDAR

1. **FTC Kickoff:** Sept 8, 2018
2. **Team registration and tournament registration:** Sept - Oct
3. **Qualifying Tournaments:** Nov – Jan
 - You can go to multiple tournaments in VA (2, may be even 3)
 - Also to more than 1 State (VA, MD, PA, etc. - if the State allows)
 - Teams advance to State Championship (through robot game & award categories)
4. **State Tournament:** Feb (*Richmond, VA)
 - Teams compete to advance to SUPER-REGIONAL championship
5. **WORLD championship:** April (*Detroit, MI)



FTC game video from last season

<https://www.youtube.com/watch?v=7Wc1LhG2FEs>

- General rules
- Season-specific game rules & Scoring
 - Autonomous period (first 30 sec)
 - Driver-controlled period (next 2 minute)
 - Last 30 seconds of driver-controlled period is End game

TIPS AND BEST PRACTICES

TIPS AND BEST PRACTICES

- **Safety first**

- Power tools, heavy machines, and even untested robots can cause injury
- Safety glasses
 - Wear them - during build, practice & tournaments
- Watch for sharp edges and Pinch points
- You are responsible for your own safety
- Monitor safety practices & use common sense
- Have a First-Aid kit handy

A green rectangular graphic with the words "SAFETY" and "FIRST" in white, bold, sans-serif capital letters. "SAFETY" is on the top line and "FIRST" is on the bottom line.

TIPS AND BEST PRACTICES

- **Read Game Manual Part 1 thoroughly**
 - Robot rules (mechanical, electrical, software)
 - Robot inspections
 - Judging & Awards
 - Tournament & Game rules
 - and more...



TIPS AND BEST PRACTICES

- Understand the game requirements (Game Manual part 2 - will be released today)
 - Scores
 - Penalties
 - Don't forget the one-page game description



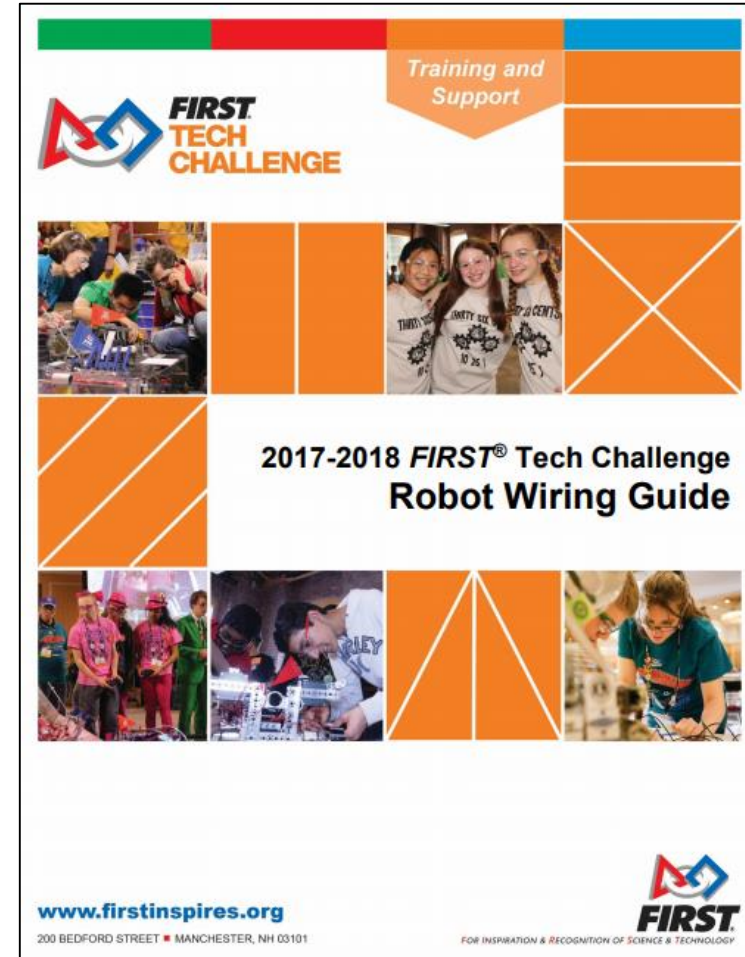
TIPS AND BEST PRACTICES

- Again, understand the Penalty rules and scenarios
 - Be sure to read FTC forum



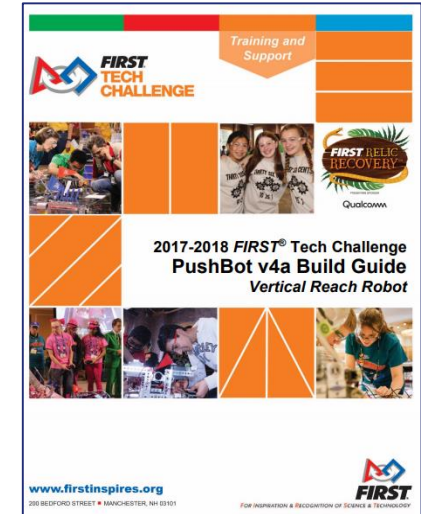
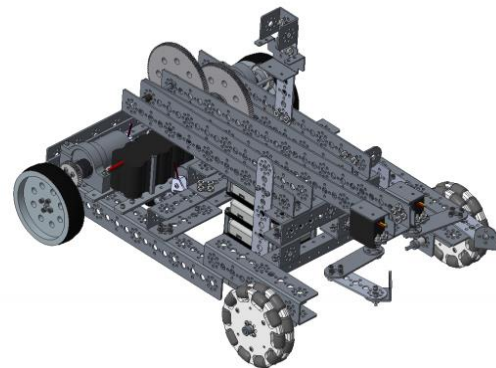
TIPS AND BEST PRACTICES

- Read the Robot Wiring Guide
 - Detailed instructions for properly wiring Robot
 - Common problems
 - Wire management tips



TIPS AND BEST PRACTICES

- **Build a PushBot / Basic Bot**
 - Intended for Rookie teams to build a simple competition-quality robot
 - Multiple versions of build guide exist
 - Provides simple, basic instructions and images to -
 - build the robot
 - configure phones
 - set up Programming environment



TIPS AND BEST PRACTICES

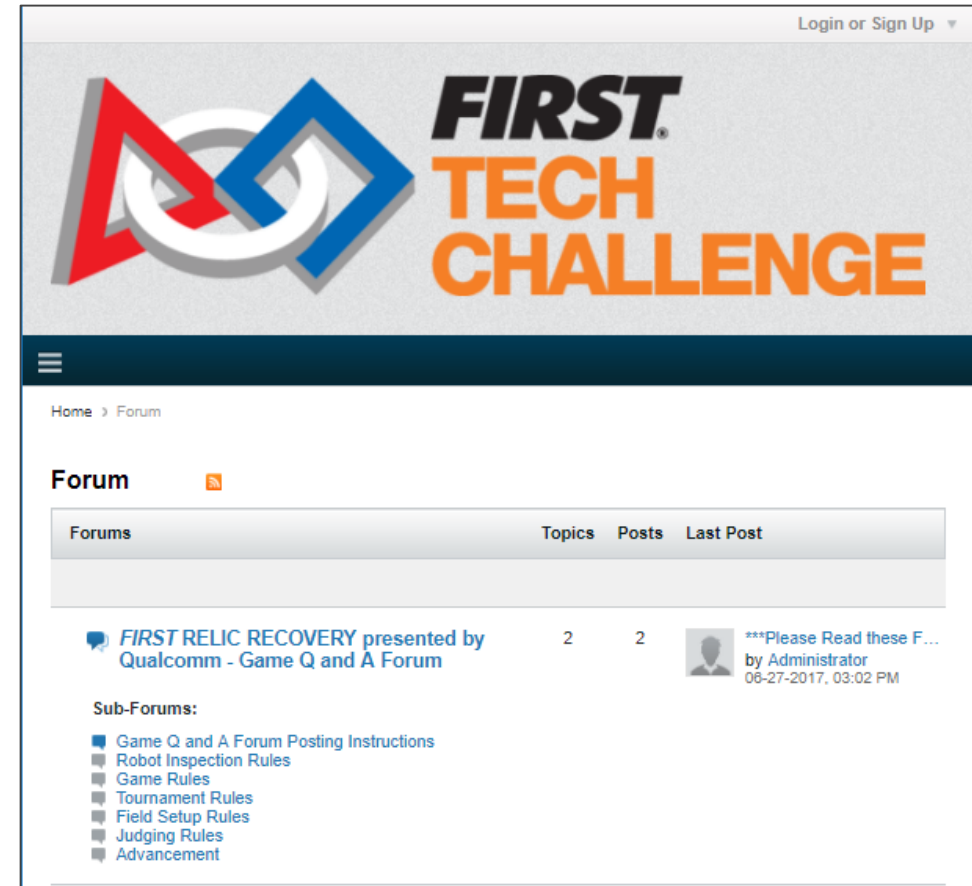
- Read the FTC Forum Q&A

<http://ftcforum.usfirst.org/forum.php>

- Anyone may view questions and answer
- To submit a question, you must have a unique User Name & Password for your team
- Assign one person to check it weekly

Unofficial forums:

- <https://www.chiefdelphi.com/forums/> [Other -> FIRST Tech Challenge]
- <https://www.reddit.com/r/FTC/>



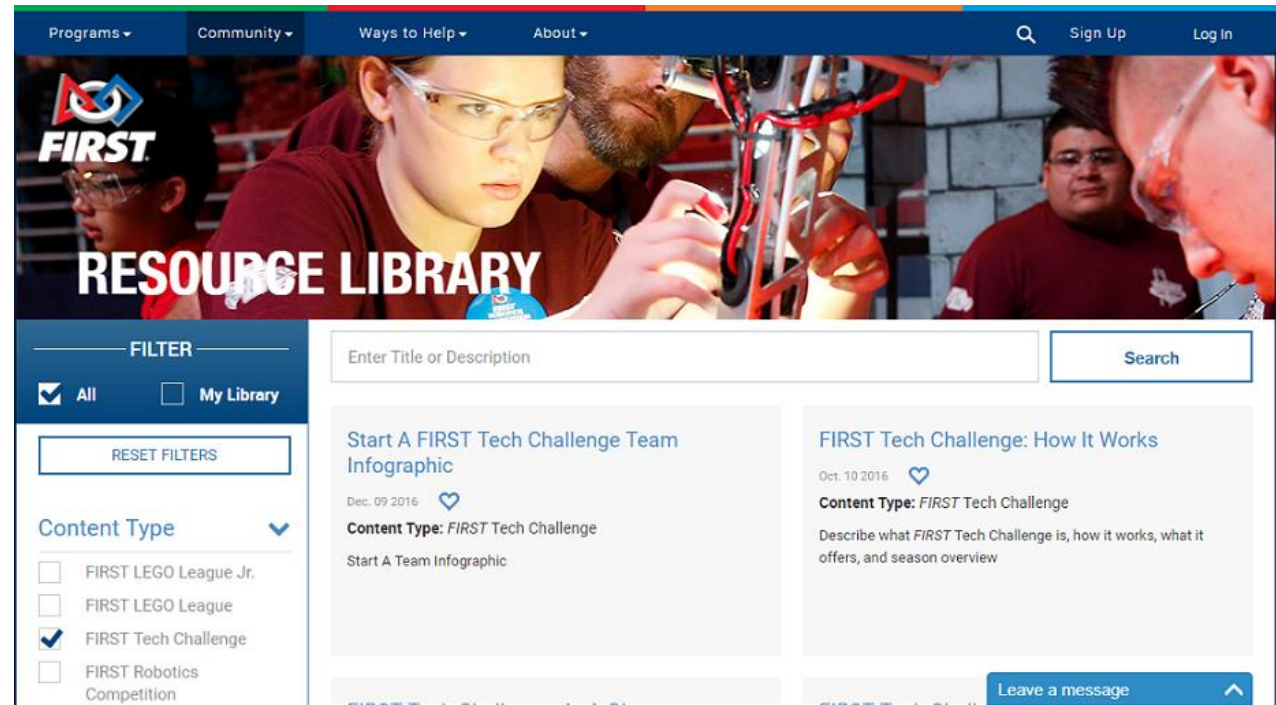
The screenshot shows the forum interface for the FIRST Tech Challenge. At the top right, there is a "Login or Sign Up" link. The main header features the FIRST Tech Challenge logo, which consists of two interlocking triangles (one red, one blue) and the text "FIRST TECH CHALLENGE". Below the header is a navigation bar with a hamburger menu icon and the text "Home > Forum". The main content area is titled "Forum" and contains a table with columns for "Forums", "Topics", "Posts", and "Last Post". A single forum entry is visible: "FIRST RELIC RECOVERY presented by Qualcomm - Game Q and A Forum" with 2 topics and 2 posts. The last post is by "Administrator" on "06-27-2017, 03:02 PM". Below the main forum entry is a section for "Sub-Forums" with a list of categories: "Game Q and A Forum Posting Instructions", "Robot Inspection Rules", "Game Rules", "Tournament Rules", "Field Setup Rules", "Judging Rules", and "Advancement".

TIPS AND BEST PRACTICES

- Know the FTC Resource Library

<https://www.firstinspires.org/resource-library>

- Game & Season Materials
- Team Management Resources
- Robot Building Resources
- Fundraising Resources
- Programming Resources
- Preparing for Competition



The screenshot shows the FIRST Tech Challenge Resource Library website. The header includes navigation links for Programs, Community, Ways to Help, and About, along with a search icon, Sign Up, and Log In. The main banner features a photo of students working on a robot with the text "RESOURCE LIBRARY". Below the banner is a filter section with a "FILTER" button, checkboxes for "All" (checked) and "My Library", and a "RESET FILTERS" button. The "Content Type" dropdown is set to "FIRST Tech Challenge". The main content area displays two search results: "Start A FIRST Tech Challenge Team Infographic" (dated Dec. 09 2016) and "FIRST Tech Challenge: How It Works" (dated Oct. 10 2016). A "Leave a message" button is visible at the bottom right.

TIPS AND BEST PRACTICES

- **Divide the team in sub-groups**

- Manage your time effectively
- It always take more time than you think
- Not everyone builds the robot
- Have a drive team

- **Build and Programming**

- Build prototypes with cardboard, foamboard & plastic
- Work on programming in parallel
- Test incrementally



TIPS AND BEST PRACTICES

- **Design Considerations**

- Do few things well in rookie season (or maybe just 1 thing)
- Don't start with 18" cube frame
 - You'll need space for attachment and add-ons
- Consider defensive bumper & side guards
 - Remember, there will be 3 other robots on the field
 - Game elements can go under your chassis
- Think about reliability, consistency of performance, & maintainability also
 - Keep it simple and Keep important structure accessible for repair

TIPS AND BEST PRACTICES

- **Testing**

- Test each assembly and then test the final robot
- Test each modification
- A small change can cause a big side-effect
 - Think about possible effects before making change
- Practice in realistic environment (field, perimeter, game element)
 - Especially if you are running Autonomous
- Attend Scrimmages if possible

TIPS AND BEST PRACTICES

• Tools

- Invest on tools
- Search online for “Tools for FTC robot”
- Remember tool and part names
- Organize tools and parts
 - Otherwise, you will waste lots of time looking for parts
- Color code tools for different sizes
- Label your tools with your team #
- Power tools



TIPS AND BEST PRACTICES

- Basic Tools for FTC



Ball-Point Hex Driver



Balldriver Hex Keys



TETRIX Wrench Set



Multi-Nut Pliers



5/16" Nut Driver



Needle nose pliers



Hacksaw



Metal File



Chain Breaker

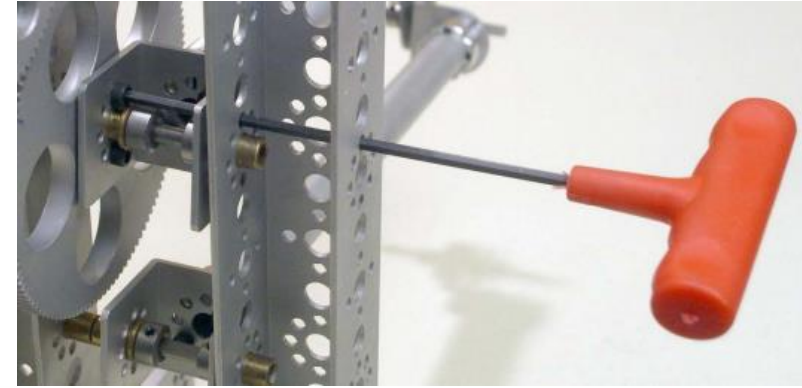


Tube Cutter

TIPS AND BEST PRACTICES

- Tools

- Long Allen wrenches can be very helpful for reaching tough places



Courtesy: ORTOP.org

- Tetrax/Pitsco “Multi-Nut Pliers” is very handy also

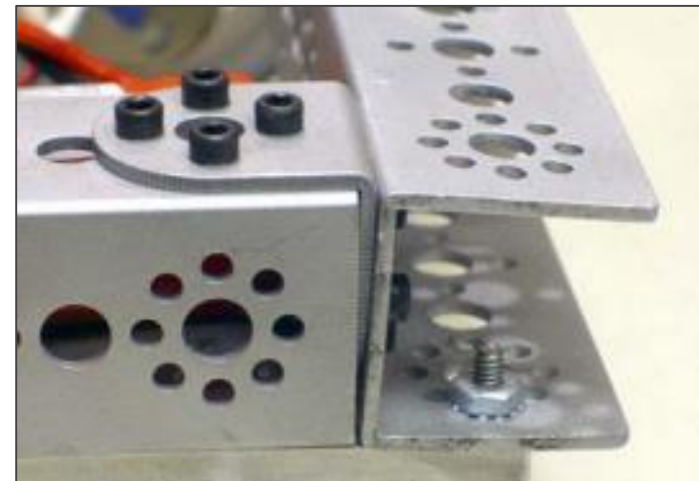


TIPS AND BEST PRACTICES

- **Robot Construction**

- Make connections and joints strong
 - NOT using enough screws can bring more headache later

- Avoid crooked construction
 - It looks sloppy, and unprofessional too



TIPS AND BEST PRACTICES

- **Keyp Nuts**

- “Friends Don’t Let friends Use Key Nuts” - Team #9929
- Becomes loose easily with vibration/impact in competition
- Ok for quickly building and attaching parts, but consider using *Nylon Lock* (“nyloc”) before competition.



- **Managing ESD (Electro-Static Discharge)**

- ESD can “freeze” your robot in competition
 - Other causes - loose Battery or Tamiya connections
- Use ESD mitigation best practices and “Static spray”
- Attend **ELECTRONICS** session



TIPS AND BEST PRACTICES

- **Parts order**
 - Think ahead. It takes time for shipping.
 - Can be out-of-stock also, especially in critical time



TIPS AND BEST PRACTICES

- Update Engineering Notebook regularly
 - Check the Guidelines on the Game Manual Part 1
 - Attend the **Engineering Notebook** session



TIPS AND BEST PRACTICES

- **Rookie season target**
 - Focus on learning
 - Be practical based on your team's size, experience, and available time.
- **Budget and Fundraising**
 - FTC is expensive. A typical Rookie season budget can be about \$3,000
 - Apply for Rookie grant(s)
 - Seek corporate sponsorships and competitive grants
 - Attend the **FUNDRAISING** session

TIPS AND BEST PRACTICES

- Tournaments
 - Register ASAP when it opens
 - Consider competing in 2 tournaments
 - Leave time between them to revise your robot
 - Consider competing in other states (MD/PA) also
 - If time/budget permits



TIPS AND BEST PRACTICES

- **Competition Readiness**
 - Practice driving (a lot)
 - Again, have a drive team
 - Attend Scrimmages
 - Practice Judging interview as well



TIPS AND BEST PRACTICES

- **Competition Readiness**
 - Bring Team Roster, Inspection checklist
 - Make a checklist for parts and tools to pack
 - DON'T forget Engineering Notebook!
 - Be on time to tournament
 - Remember, it's going to be a long day (7am-6pm)



TIPS AND BEST PRACTICES

- Have fun also
 - Team theme, slogan, logo
 - Have some fun at break-time
 - Celebrate milestones and accomplishments
 - Enjoy yourself at tournaments
 - Have great team spirit always!



TIPS AND BEST PRACTICES

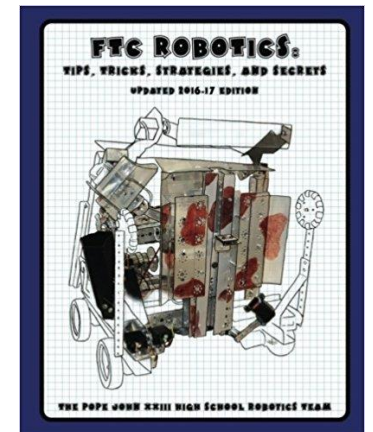
[For Mentors] Read the Mentor Manual

- Mentor's role
- Registration
- Team meetings
- Student role and responsibilities
- Season Planning tool
- Building Robots
- Tournaments
- Judging & Awards
- Community Outreach



LINKS

- <https://www.firstinspires.org/robotics/ftc/start-a-team>
- <https://www.firstinspires.org/robotics/ftc/game-and-season>
- <https://www.firstinspires.org/resource-library>
- <https://www.firstinspires.org/resource-library/ftc/game-and-season-info>
- https://www.firstinspires.org/sites/default/files/uploads/resource_library/ftc/2016-2017-season/pushbot-build-guide.pdf
- https://www.tetrixrobotics.com/sharedimages/resources/TETRIX_FTC_Set_PartsTable.pdf
- <http://ftcforum.usfirst.org/forum.php>
- <http://roboplex.org/ftc/ftc-tools-tips/>
- Book: *FTC Robotics: Tips, Tricks, Strategies, and Secrets: Updated 2016-17 Edition*



Q&A and Robot Showcase